

## PUBLICATIONS FROM INTERNATIONAL ORGANIZATIONS ON PUBLIC HEALTH

Edited by  
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### FOOD AND AGRICULTURE ORGANIZATION OF THE UNITED NATIONS (FAO)

**Eating well for good health. Lessons on nutrition and healthy diets.** Rome: Food and Agriculture Organization of the United Nations. 2013, 360 p. ISBN 978 92 5107 610 1 US \$ 110.00. Eating well for good health is a learning module designed to explore basic concepts of good nutrition, health and healthy diets. The lessons are meant for anyone who wants to learn how to improve their diets and eating habits. They can be used both inside and outside the classroom by students, teachers, youth or community groups and by individuals who want to learn on their own. The activities and their accompanying materials, which include fact sheets, work sheets, exercises, quizzes and community investigations, help learners test and reinforce their understanding of the basic concepts of each lesson and apply their acquired knowledge to their daily lives.

**Quality assurance for microbiology in feed analysis laboratories.** Rome: Food and Agriculture Organization of the United Nations. 2013, 206 p. (FAO *Animal Production and Health Manual*; 16) ISBN 978 92 5107 656 9 US \$ 40.00. This publication provides comprehensive guidance on the requirements of a microbiology laboratory performing animal feed analysis and includes examples of standard operating procedures, prepared by experts from around the world. These procedures will assist laboratories in attaining the competence required, will enhance the quality of data reported and ensure the safety of laboratory workers. This publication will be useful for laboratory analysts, laboratory managers, students and teachers and will enable workers in the livestock industry to appreciate the importance of proven reliable data and quality assurance. Implementing the procedures will strengthen the research and education capabilities of students and promote a better trading environment between developing and developed economies. This will have long-term benefits and promote investment in feed industries and R&D.

**The state of food and agriculture 2013. Food systems for better nutrition.** Rome: Food and Agriculture Organization of the United Nations. 2013, 112 p. ISBN 978 92 5107 671 2 US \$ 50.00. Malnutrition – in the form of undernutrition, micronutrient deficiencies, and overweight and obesity – imposes unacceptably high economic and social costs on countries at all income levels. The causes of malnutrition are complex,

yet all forms of malnutrition share one common feature: nutritionally inappropriate diets. The publication makes the case that healthy diets and good nutrition begin with food and agriculture.

For more information visit the FAO publication catalogue <http://www.fao.org/catalog/inter-e.htm>

### INTERNATIONAL LABOUR ORGANIZATION (ILO)

**ILO Training package on development of a national programme of occupational safety and health.** Geneva: ILO Dec 2012. Boxed set of 4 booklets. ISBN 978 92 212 6958 8 Sw.fr.65; US \$ 69; Euro 53. This ILO training package supports training activities promoting the development and implementation of national programmes on occupational safety and health (OSH), as recommended by the Promotional Framework for Occupational Safety and Health Convention, 2006 (no. 187). With four detailed modules, the training package adopts a global approach that encompasses the main concepts underlying the ILO's strategic approach to OSH. The first module highlights the need for enhanced OSH governance by means of improved national OSH policies, systems, programmes and action plans. The second explains the main components, roles and organizations of the national OSH system. The third module provides guidance on the development of a national OSH profile, potential sources of information and the process for collecting information. The fourth module focuses on methodology for designing, implementing and evaluating national programmes on OSH. An optional additional module is specifically designed for trainers, to help them organize and deliver training activities with practical tools such as lesson plans, exercises and case studies.

**e-OSH 2013. Electronic library on occupational safety.** Geneva: ILO June 2013. DVD-ROM. ISSN 2227 4340. Sw.fr.75; US \$ 80; Euro 60. Everything you want to know about safety and health at work in two clicks. This invaluable trilingual DVD-ROM, developed by the Occupational Safety and Health Branch (SAFEWORK) of the ILO, gives you quick access to the following wide range of ILO documents on occupational safety and health at work, in English, French and Spanish: Conventions and Recommendations; Codes of practice; ILO Encyclopaedia; International Chemical Safety Cards; OSH series (e.g., List of occupational diseases (revised 2010), Radiation protection of work-

ers); Reports of the World Day and World Congress on Safety and Health at Work; training materials and videos.

### UNITED NATIONS PROGRAMME ON HIV/AIDS (UNAIDS)

**Treatment 2015.** Geneva: UNAIDS. 2012, 44 p. ISBN 978 92 9253 018 1 - Publication no. JC2484/1/E. *Treatment 2015* provides a results-driven framework to expedite and greatly expand HIV treatment coverage. With less than 1,000 days before the end of 2015, much work remains to be done. The WHO's new 2013 guidelines on *The use of antiretroviral drugs for treating and preventing HIV infection* recommend a CD4 threshold of 500 for initiation of HIV treatment. As an important step towards getting to zero AIDS-related deaths, countries should be encouraged to prioritize immediate efforts to ensure that all people eligible for HIV treatment have access to it. The rapidly evolving evidence base for HIV testing and HIV treatment raise a number of technical issues. Yet the most important factor of all is the commitment we each bring to the AIDS response. To end the AIDS epidemic, we must work together. Only through partnership, beginning with leadership of the countries burdened by HIV and supported by the collective determination of all stakeholders, can we reach our common goal.

**UPDATE. How Africa turned AIDS around.** Geneva: UNAIDS. 2013, 54 p. ISBN 978 92 9253024 2 - Publication no. JC2507 E. The Joint United Nations Programme on HIV/AIDS (UNAIDS) Africa is accelerating towards a shared vision of zero new HIV infections, zero discrimination and zero AIDS-related deaths. UPDATE is a special UNAIDS report highlighting the progress and challenges of the AIDS epidemic in Africa.

### WORLD HEALTH ORGANIZATION (WHO)

**Strengthening road safety legislation. A practice and resource manual for countries.** Geneva: World Health Organization. 2013, 96 p. ISBN 978 92 415 0510 9 – Sw.fr.25.00/ US \$ 30.00 Order no. 19300279. This manual describes methods and resources for practitioners and decision-makers to use for enacting new laws or regulations or amending existing ones as part of a comprehensive road safety strategy. The manual covers steps to be taken to address five main risk factors and post-crash care. It can therefore be used to: - develop an understanding of the framework of legislation and relevant processes that are applicable in a country; - review current national legislation and regulations and identify gaps that hinder implementation and enforcement of effective road safety measures; - identify available resources, including international agreements, evidence-based guidance and recommendations on effective measures, to improve legislation; and - prepare action plans to strengthen national legislation and regulations for the five main risk factors and for post-crash care, including advocating for improve-

ment. Other important topics should also be addressed to achieve a comprehensive national system of road safety legislation and regulation; however, they are beyond the scope of this manual. They include, vehicle and helmet manufacturing standards and testing, third-party insurance, victim's rights and compensation, a graduated driver licensing system, road audits and design standards and driving hours for commercial drivers.

**Malaria control in humanitarian emergencies. Second edition. An inter-agency field handbook.** Geneva: World Health Organization. 2013, 245 p. ISBN 978 92 415 4865 6 – Sw.fr.30.00/ US \$ 36.00 Order no. 11502661. This second edition represents a thorough updating and revision of the first edition. The structure remains similar, but includes an additional chapter on humanitarian coordination. All chapters have been revised to reflect changes in best practices, improvements in technologies, availability of new tools, and changes in WHO recommendations. The interagency handbook was developed to set out effective malaria control responses in humanitarian emergencies, particularly during the acute phase when reliance on international humanitarian assistance is greatest. It provides policy-makers, planners, and field coordinators with practical advice on designing and implementing measures to reduce malaria morbidity and mortality in both man-made and natural disasters. Such measures must address the needs of all affected population groups and accommodate changing needs as an acute emergency evolves into either recovery or chronic emergency phase. Ideal, or gold standard, approaches to malaria control are not always feasible in humanitarian emergencies. Interventions must be adapted to the realities of each emergency. Using this handbook should help humanitarian workers implement effective and concerted responses to malaria problems.

**Building back better: sustainable mental health care after emergencies.** Geneva: World Health Organization. 2013, 104 p. ISBN 978 92 415 6457 1 – Sw.fr.25.00/ US \$ 30.00 Order no. 11500854. In spite of their tragic nature, and notwithstanding the human suffering they create, emergency situations are also opportunities to build better mental health care. The surge of aid, combined with sudden, focused attention on the mental health of the population, creates unparalleled opportunities to transform mental health care for the long term. By publishing this information, the World Health Organization aims to ensure that those faced with emergencies do not miss the opportunity for mental health reform. Emergencies are not only mental health tragedies, but also powerful catalysts for achieving sustainable mental health care in affected communities. We do not know where the next major emergency will be, but we do know that those affected will have the opportunity to build back better. Reading this publication is an excellent way to prepare for and respond to that eventuality. The ten cases that form the core of this report show how it can be done. Early commitment towards a longer-term perspective for mental health reform is key to success. The report summarizes lessons learnt and key overlapping practices emerging from these experiences.