Revista de Saúde Pública

http://www.rsp.fsp.usp.br/

Prevalence of hepatitis among young men who have sex with men and transgender women in Brazil

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ABSTRACT

OBJECTIVE: Viral hepatitis and sexually transmitted infections disproportionally affect men who have sex with men (MSM) and transgender women (TGW). However, only a few studies have evaluated the prevalence of hepatitis in these populations, especially in youths and adolescents. This study aimed to estimate the prevalence of biomarkers for hepatitis A, B, and C among young and adolescent MSM and TGW in three Brazilian municipalities.

METHODS: Baseline data were collected from a combination of HIV prevention cohort of young and adolescent MSM (AMSM) and TGW (ATGW) aged 15-19 years in three Brazilian municipalities. A social behavioral questionnaire was applied, and immunoassays were performed to detect antibodies against hepatitis A (anti- HAV IgG and IgM), hepatitis B (anti-HBc and anti-HBs), and hepatitis C virus (anti-HCV); testing for the active hepatitis B marker, HBsAg, was also performed. The prevalence of reactive tests and 95% confidence interval (CI) for proportions were measured.

RESULTS: The prevalence of naturally or artificially acquired immunity for hepatitis A totaled 17.7% (95%CI: 15.4–20.4), whereas that of acute infection, 0.4% (95%CI: 0.2–1.2). For hepatitis B and C, prevalence rates totaled 2.8% (95%CI: 1.8–4.4) and 0.2% (95%CI: 0.1–1.1), respectively. About 25.7% (95%CI: 22.4–29.4) of participants were non-reactive for anti-HBc and reactive for anti-HBs, the latter being a vaccine marker for hepatitis B.

CONCLUSIONS: The investigation of viral hepatitis biomarkers among vulnerable populations enables the early identification of infections, the provision of timely treatment, and an opportunity to point out the need to expand vaccination coverage.

DESCRIPTORS: Men who have Sex with Men; Hepatitis A; Hepatitis B; Hepatitis C; Prevalence; Adolescents.

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Received: Mar 20, 2023 **Approved:** Sep 23, 2023

Como citar: Santos CC, Leite BO, Lima FWM, Magno L, Grangeiro A, Westin M, et al. Prevalence of hepatitis among young men who have sex with men and transgender women in Brazil. Rev Saude Publica 2024;58 Suppl 1:4s. http://doi.org/10.11606/s1518-8787.2020054005555

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INTRODUCTION

Populations whose living status poses an increased risk and vulnerability for Human Immunodeficiency Virus (HIV) infection, such as men who have sex with men (MSM) and transgender women (TGW) are also more vulnerable and at greater risk of being infected by some types of the hepatitis virus, such as the hepatitis A (HAV), B (HBV), and C viruses (HCV)¹⁻⁵. An HAV outbreak with low endemicity occurred among MSM and TGW in some European and American countries in 2016–2017^{6.7}. An increase in HAV seroprevalence in the general population also occurred in Brazil⁸. It is noteworthy that immunization for HAV became available in the Brazilian public health system for children in 2014, which was later expanded to MSM in 2018 in the state of São Paulo. More recently, it has been expanded to serve the entire national territory⁹⁻¹¹. The practice of oral-anal, digital-anal, and genital-oral sex involving a partner with HAV may contribute to concentrating cases in this population^{12,13}. A study conducted in France with people taking pre-exposure prophylaxis (PrEP) found six patients with acute hepatitis A in 38 individuals who were yet to be vaccinated for the infection, considering it a high incidence rate¹⁴.

HBV infection also occurs to a considerable extent in MSM and TGW populations¹⁵⁻¹⁷. Approximately 20% of new cases of HBV infection in adults occur among gay and bisexual men in the United States (US)¹⁵. Moreover, higher rates of hepatitis B have been reported in specific MSM subgroups, such as gay and bisexual homeless young adults in the US (52.4%)¹⁶. A systematic review with meta-analysis conducted in 2022 indicated a global hepatitis B prevalence of 11% in TGW⁸.

HCV frequency has also increased among MSM and TGW. Transmission can occur by sexual practices that increase the risk of blood-blood contact (e.g., anal sex and fisting)¹⁸. A previous systematic review with a meta-analysis showed a higher prevalence of HCV among MSM living with HIV infections than HIV-negative MSM¹⁹. Another study showed a global HCV seroprevalence of 9% in TGW³. A study conducted from October 2005 to October 2006 with MSM living in Campinas, São Paulo, Brazil, showed that 11.4% and 1% of individuals were infected with HBV and HCV, respectively²⁰.

Few studies have evaluated the prevalence of viral hepatitis in adolescent and young MSM and TGW in Brazil, especially regarding hepatitis A. Thus, this study describes markers of acute, past, or chronic viral hepatitis A, B, and C and of artificially acquired immunity by vaccination for hepatitis B in adolescent MSM (AMSM) and transgender women (ATGW) aged 15-19 years who participated in an HIV pre-exposure prophylaxis demonstration study (PrEP1519).

METHODS

Study Design, Data Collection, and Ethical Aspects

This cross-sectional descriptive study used data from participants who were enrolled in the baseline cohort of the PrEP1519 project, the first study to show the effectiveness of PrEP in AMSM and ATGW aged 15-19 years in Latin America. It was conducted in three large Brazilian capitals: Salvador, São Paulo, and Belo Horizonte. That study was approved by the ethical review board of the World Health Organization (Fiotec-PrEP Adolescent study) and the local committees in each municipality: the Federal University of Bahia in Salvador (Protocol ID: 3,224,384), the University of São Paulo in São Paulo (Protocol ID: 3,082,360), and the Federal University of Minas Gerais in Belo Horizonte (Protocol ID: 2,027,889)²¹. Volunteers were invited to participate in this study, sign informed consent forms, and answer a sociodemographic and sociobehavioral questionnaire containing questions related to their lifestyle, sexual practices, experiences of violence or discrimination, and the strategies they used to prevent sexually transmitted infections (STIs). A special judicial authorization was obtained to waive the requirement for parental consent for adolescents aged < 18 years. In São Paulo, this authorization enabled total waiver of consent; in Salvador, the waiver was partial and only applied to adolescents at risk of violence due to the disclosure of their sexuality to their parents or guardians and in cases of family breakdown (which were analyzed by professionals); in Belo Horizonte, all participants aged < 18 years were required to obtain consent from their legal guardians.

This study consisted of a non-probabilistic sampling of 1,129 adolescents from the baseline cohort (362 from the PrEP1519-Salvador site, 248 from the PrEP1519-Belo Horizonte site, and 519 from the PrEP1519-São Paulo site) who were enrolled in the study from February 2019 to June 2021. The following were chosen as inclusion criteria: being AMSM or ATGW; aged 15-19 years at the time of admission; having sex with cis men or trans women; and residing, working, or studying in one of the three aforementioned Brazilian capitals, whereas the following criteria were chosen for exclusion: renal impairment (i.e., defined as a glomerular filtration rate below 60 ml/min/1.75 m² according to the Cockcroft–Galt formula for adolescents aged over 17 years and the Schwartz formula for those aged under 17 years); a history of bone fractures without any obvious cause; symptoms of acute retroviral syndrome in the previous 30 days; and engagement in high-risk sexual activity in the previous 72 hours (i.e., requiring immediate treatment with PEP).

The convenience sampling of this study is highlighted as participants are linked to a PrEP cohort study and generally more exposed to sexual intercourse. The number of testing centers varied depending on the municipality of the study and the number of participants who agreed to be tested for the different immunological markers for viral hepatitis, which made it difficult to obtain accurate data.

Evaluation of Immunological Markers for Viral Hepatitis

Blood samples were collected from the cubital vein by a trained professional using a vacuum tube with gel separator and clot activator (BD Vacutainer[®] SST[™]). Immunochromatography assays, Bioclin and ABON kits, were performed to detect the active hepatitis B marker (HBsAg) and the antibodies against HCV (total anti-HCV), respectively.

After collection and rapid testing, the samples were centrifuged at 3,000 rpm for 10 min at room temperature to separate the serum, which was stored at –20°C until testing. The antibodies against HAV (anti-HAV IgG and anti-HAV IgM), HBV (total anti-hepatitis B core antibody (HBc) and anti-HBs), and HCV (total anti-HCV) were evaluated using the enzyme-linked immunosorbent assay (Dia.pro Diagnostic Bioprobes Srl).

Although 1,129 adolescents were involved in this study and responded to its questionnaire, the number of participants who agreed to be tested for the different immunological markers for viral hepatitis varied: 903 participants were tested for the anti-HAV IgG marker; 918, for anti-HAV IgM; 936, for HBsAg; 643, for total anti-HBc; 903, for anti-HBs; and 836, for total anti-HCV.

Study Variables

The variables based on participants' answers to the sociobehavioral questionnaire were categorized as follows: gender identity (AMSM and ATGW), age (15-17 and 18-19 years), education level (primary, secondary, and higher education), race/skin color (White,

Mixed race, Black, and others), employed (no or yes), living arrangement (with parents and/or family members or not), participation in NGOs/social movements (no or yes), usual sources of healthcare (public, private, unofficial, or none), health insurance status (none or yes), condom use during first sexual intercourse (no or yes), condom use during insertive/receptive anal sex in the last six months (irregular or regular use), STI episode in the past six months (no or yes), PEP use in the last 12 months (no or yes), use of alcohol/drug before or during sex in the last six months (no or yes), alcohol consumption in the last three months (no or yes), use of any illicit drugs in the last three months (no or yes), experience of discrimination and/or violence related to gender identity or sexual orientation (no or yes), experience of physical assault (no or yes), experience of forced sex (no or yes).

The viral hepatitis profile was determined as follows:

- i. Hepatitis A
 - a. Acute infection: positive reaction for anti-HAV IgM.
 - b. Naturally or artificially acquired immunity: positive reaction for anti-HAV IgG.
- ii. Hepatitis B
 - a. Naturally acquired immunity (past infection): positive reaction for total anti-HBc and anti-HBs and negative reaction for HBsAg.
 - b. Artificially acquired immunity by vaccination: positive reaction for anti-HBs only and negative reaction for the other HBV markers.
 - c. Active infection (present): positive reaction for HBsAg.
- iii. Hepatitis C
 - a. Present or past infection: positive reaction for total anti-HCV.

Data Analysis

The absolute and relative frequencies and respective 95% confidence intervals (95%CIs) were estimated for each variable. Missing or atypical values were disregarded. Artificially acquired immunity by vaccination for Hepatitis B (non-reactive for anti-HBc and reactive for anti-HBs) was investigated as an outcome in an exploratory analysis for associated factors. Bivariate logistic regression was performed considering significant confounders with a *p*-value level ≤ 0.05 and a 95%CI to account for them in a multiple logistic regression analysis. Stata, v. 15.0, (Stata Corporation, College Station, USA) was used for data tabulation.

RESULTS

The baseline cohort of this study included 1,129 adolescents, of whom 1,031 (91.3%) identified as AMSM and 78 (8.7%), as ATGW. Most were aged 18 or 19 years (79.4%), had completed secondary education (68.5%), and identified as Black (39.4%). At the time of this study, 44.5% of respondents reported being employed or working in informal jobs; 76.7% lived with parents or relatives, and 11.4% participated in NGOs and/or social movements. Regarding the main source of healthcare, 67.6% reported using public sources, and only 26.2% had purchased a health insurance (Table 1).

Approximately 47.2% of adolescents reported using condoms during their first sexual intercourse, whereas most (80.3%) reported using no condoms during insertive and/or receptive anal sex in the last six months; 21.0% reported having some type of STIs in the last six months, and 9.5% used PEP in the last 12 months. Regarding alcohol and drug use,

88.2% had consumed alcohol at least once in the last three months, 48.9% had used an illicit drug, and 31.5% reported consuming alcohol or using other drugs before or during sexual intercourse. Only 0.7% of the participants used needles and syringes to inject drugs, whereas one reported sharing a needle or syringe with others. Worryingly, 33.8% of participants frequently experience discrimination and violence; 5.8%, physical assault related to their gender or sexual orientation in the last six months, and 28.4%, forced sex (Table 1).

| Characteristic | | Total (N = 1,129) | | | | |
|---|-------|-------------------|-----------|--|--|--|
| | | % | 95%Cl | | | |
| Gender identity | | | | | | |
| AMSM | 1,031 | 91.3 | 89.5-92.8 | | | |
| ATGW | 78 | 8.7 | 7.2–10.5 | | | |
| Age | | | | | | |
| 15–17 years | 223 | 20.6 | 18.4-23.1 | | | |
| 18–19 years | 896 | 79.4 | 76.9-81.6 | | | |
| Education | | | | | | |
| Primary education | 69 | 6.6 | 5.2-8.2 | | | |
| Secondary education | 719 | 68.5 | 65.7-71.3 | | | |
| Higher education | 261 | 24.9 | 22.4-27.6 | | | |
| Race/skin color | | | | | | |
| White | 314 | 27.8 | 25.3-30.5 | | | |
| Mixed-race | 334 | 29.6 | 27.0-32.3 | | | |
| Black | 445 | 39.4 | 36.6-42.3 | | | |
| Other | 36 | 3.2 | 2.3-4.4 | | | |
| Currently employed | | | | | | |
| No | 594 | 55.5 | 52.5-58.4 | | | |
| Yes | 477 | 44.5 | 41.6-47.5 | | | |
| With whom they currently live | | | | | | |
| With parents and/or relatives | 886 | 76.7 | 74.1–79.1 | | | |
| Not with parents and/or relatives | 263 | 23.3 | 20.9-25.9 | | | |
| Participation in NGOs/social movements | | | | | | |
| No | 947 | 88.6 | 86.5-90.4 | | | |
| Yes | 122 | 11.4 | 9.6-13.5 | | | |
| Usual source of healthcare | | | | | | |
| Public sources | 721 | 67.6 | 64.7-70.3 | | | |
| Private sources | 175 | 16.4 | 14.3–18.7 | | | |
| Unofficial sources | 152 | 14.2 | 12.3-16.5 | | | |
| None | 19 | 1.8 | 1.1-2.8 | | | |
| Health insurance | | | | | | |
| No | 778 | 73.8 | 71.1–76.4 | | | |
| Yes | 276 | 26.2 | 23.6-28.9 | | | |
| Condom use during first intercourse | | | | | | |
| No | 543 | 52.8 | 49.8-55.9 | | | |
| Yes | 485 | 47.2 | 44.1-50.2 | | | |
| Condom use during insertive/receptive anal sex, last six months | | | | | | |
| Yes | 223 | 19.7 | 17.5-22.2 | | | |
| No | 906 | 80.3 | 77.8-82.5 | | | |
| STI episode, last six months | | | | | | |
| No | 810 | 79.0 | 76.4-81.4 | | | |
| Yes | 215 | 21.0 | 18.6–23.6 | | | |

Table 1. Description of the sample of AMSM and ATGW who participated in the PrEP 15-19 study, February 2019 to June 2021.

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Table 1. Description of the sample of AMSM and ATGW who participated in the PrEP 15-19 study, February 2019 to June 2021.

| Characteristic | Total (N = 1,129) | | | |
|--|-------------------|------|-----------|--|
| Characteristic | n | % | 95%Cl | |
| PEP use, last 12 months | | | | |
| No | 928 | 90.5 | 88.6-92.2 | |
| Yes | 97 | 9.5 | 7.8–11.4 | |
| Alcohol/drugs use before or during sexual intercourse | | | | |
| No | 702 | 68.5 | 65.6–71.3 | |
| Yes | 323 | 31.5 | 28.7-34.4 | |
| Alcohol consumption, last three months | | | | |
| Never | 126 | 11.8 | 10.0-13.9 | |
| At least once a month or less | 236 | 88.2 | 86.1-90.0 | |
| Use of any illicit drug, last three months | | | | |
| Never | 545 | 51.1 | 48.1–54.1 | |
| At least once a month or less | 521 | 48.9 | 45.9–51.9 | |
| Use of needles and syringes to inject drugs, last three months | | | | |
| No | 538 | 99.3 | 98.0–99.7 | |
| Yes | 4 | 0.7 | 0.3-2.0 | |
| Needle sharing | | | | |
| No | 6 | 85.7 | 25.7-99.5 | |
| Yes | 1 | 14.3 | 1.0-74.3 | |
| Discrimination and violence related to affective-sexual life | | | | |
| No | 679 | 66.2 | 63.3-69.1 | |
| Yes | 346 | 33.8 | 30.9–36.7 | |
| Physical assault, last six months | | | | |
| No | 1,006 | 94.2 | 92.6-95.5 | |
| Yes | 62 | 5.8 | 4.5-7.4 | |
| Forced sex, ever | | | | |
| No | 756 | 71.6 | 68.8–74.2 | |
| Yes | 300 | 28.4 | 25.8-31.2 | |

The estimated prevalence of naturally or artificially acquired immunity for hepatitis A totaled 17.7% (95%CI: 15.4–20.4%); whereas that for acute infection, 0.4% (95%CI: 0.2–1.2%). About 2.8% (95%CI: 1.8–4.4%) had a hepatitis B virus infection (total anti-HBc reactive), and 0.2% (95%CI: 0.1–1.0%) were positive for total anti-HCV. Analysis of the hepatitis B markers showed that 25.7% (95%CI: 22.4–29.4%) of participants were non-reactive for anti-HBc and reactive for anti-HBs (vaccine marker), and none had an active infection at the time of sample collection (Table 2). The exploratory analysis (hepatitis B vaccine marker and associated factors) in this study found no significant results for the bivariate analysis. Thus, the subsequent multiple logistic regression analysis included no variables (Table 3).

Table 2. Profile of viral hepatitis markers in PrEP 15-19 participants, February 2019 to June 2021.

| Marker | Result | n (%) | 95%Cl |
|--------------|--------------|------------|-----------|
| HAV | | | |
| Anti-HAV IgG | Non-reactive | 743 (82.3) | 79.6-84.6 |
| | Reactive | 160 (17.7) | 15.4–20.4 |
| Anti-HAV IgM | Non-reactive | 914 (99.6) | 98.8–99.8 |
| | Reactive | 4 (0.4) | 0.2–1.2 |

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Table 2. Profile of viral hepatitis markers in PrEP 15-19 participants, February 2019 to June 2021.

| Marker | Result | n (%) | 95%Cl | |
|--------------------------------------|--------------|-------------|-----------|--|
| HBV | | | | |
| HBsAg | Non-reactive | 936 (100.0) | | |
| | Reactive | 0 (0.0) | | |
| Total anti-HBc | Non-reactive | 625 (97.2) | 95.6-98.2 | |
| | Reactive | 18 (2.8) | 1.8-4.4 | |
| Anti-HBs | Non-reactive | 609 (67.4) | 64.3-70.4 | |
| | Reactive | 294 (32.6) | 29.6-35.7 | |
| Anti-HBs (non-reactive for anti-HBc) | Non-reactive | 453 (74.3) | 70.6–77.6 | |
| | Reactive | 157 (25.7) | 22.4–29.4 | |
| łCV | | | | |
| Total anti-HCV | Non-reactive | 834 (99.8) | 99.0-99.9 | |
| | Reactive | 2 (0.2) | 0.1-1.0 | |

Note: HAV: hepatitis A virus; HBV: hepatitis B virus; HCV: hepatitis C virus; CI: confidence interval.

Table 3. Bivariate analysis of the factors associated with hepatitis B vaccination according to age group, PrEP1519, February 2019 to June 2021.

| Characteristic | | 15–17 years | | | | | 18–19 years | | | |
|--|-------|--------------------------------|------|------------|--------------------------------|-------------|-------------|-----------|--|--|
| | Va | Vaccinated against hepatitis B | | | Vaccinated against hepatitis B | | | | | |
| | % | P-value | OR | 95%Cl | % | P-value | OR | 95%CI | | |
| Gender identity | | 0.552ª | | | | 0.182ª | | | | |
| MSM | 26.09 | | - | - | 23.73 | | - | - | | |
| TGW | 33.33 | | 1.42 | 0.45-4.48 | 32.61 | | 1.56 | 0.81–2.99 | | |
| Socioeconomic level | | 0.091ª | | | | 0.701ª | | | | |
| Low | 39.53 | | - | - | 25.00 | | - | - | | |
| Medium | 16.67 | | 0.31 | 0.10095 | 27.18 | | 1.12 | 0.64–1.96 | | |
| High | 26.00 | | 0.54 | 0.22-1.29 | 22.94 | | 0.89 | 0.56–1.43 | | |
| Education | | 1.000 ^b | | | | 0.869^{b} | | | | |
| Primary education | 25.93 | | - | - | 18.75 | | - | - | | |
| Secondary education | 28.09 | | 1.12 | 0.42-2.96 | 23.53 | | 1.33 | 0.37-4.80 | | |
| Higher education | 33.33 | | 1.43 | 0.11-18.30 | 25.21 | | 1.46 | 0.39-5.47 | | |
| Race/skin color | | 0.852ª | | | | 0.802ª | | | | |
| White | 28.57 | | - | - | 24.45 | | - | - | | |
| Other | 26.61 | | 0.91 | 0.32-2.56 | 24.29 | | 0.94 | 0.58–1.53 | | |
| Currently employed | | 0.165ª | | | | 0.517ª | | | | |
| No | 32.89 | | - | - | 25.55 | | - | - | | |
| Yes | 21.28 | | 0.55 | 0.34-1.29 | 23.00 | | 0.87 | 0.53-1.32 | | |
| With whom they currently live | | 0.893ª | | | | 0.055ª | | | | |
| With parents and/or relatives | 26.67 | | - | - | 22.77 | | - | - | | |
| Not with parents and/or relatives | 28.00 | | 1.07 | 0.40-2.83 | 32.26 | | 1.61 | 0.99–2.64 | | |
| Participation in NGOs/social movements | | 0.211ª | | | | 0.594ª | | | | |
| No | 26.21 | | - | - | 24.15 | | - | - | | |
| Yes | 40.00 | | 1.88 | 0.69-5.08 | 27.66 | | 1.20 | 0.61–2.36 | | |
| Usual source of healthcare | | 0.487ª | | | | 0.441ª | | | | |
| Official sources | 28.81 | | - | - | 23.77 | | - | - | | |
| Unofficial sources/none | 21.05 | | 0.63 | 0.19-2.04 | 27.85 | | 1.23 | 0.72-2.13 | | |
| Health insurance | | 0.373 ^b | | | | 0.421ª | | | | |
| No | 27.88 | | - | - | 25.63 | | - | - | | |
| Yes | 35.71 | | 1.44 | 0.44-0.65 | 22.05 | | 0.82 | 0.50–1.33 | | |
| Condom use during first intercourse | | 0.954ª | | | | 0.710ª | | | | |
| No | 26.47 | | - | - | 24.07 | | - | - | | |
| Yes | 26.00 | | 0.98 | 0.43-2.24 | 25.55 | | 1.08 | 0.71-1.65 | | |

continued...

Table 3. Bivariate analysis of the factors associated with hepatitis B vaccination according to age group, PrEP1519, February 2019 to June 2021 (continuation).

| Characteristic | 15–17 years | | | | 18–19 years Vaccinated against hepatitis B | | | |
|---|--------------------------------|---------|------|-----------|---|---------|------|-----------|
| | Vaccinated against hepatitis B | | | | | | | |
| | % | P-value | OR | 95%Cl | % | P-value | OR | 95%Cl |
| Condom use during insertive/receptive anal sex, last six months | | 0.971ª | | | | 0.951ª | | |
| No | 26.67 | | - | - | 24.32 | | - | - |
| Yes | 27.00 | | 1.02 | 0.40-2.56 | 24.61 | | 1.02 | 0.62-1.66 |
| STI episode, last six months | | 0.599ª | | | | 0.710ª | | |
| No | 27.27 | | - | - | 22.91 | | - | - |
| Yes | 33.33 | | 1.33 | 0.45-3.91 | 24.73 | | 1.11 | 0.65-1.88 |
| Use of alcohol/drugs before or during sexual intercourse | | 0.383ª | | | | 0.703ª | | |
| No | 25.64 | | - | - | 23.83 | | - | - |
| Yes | 33.33 | | 1.45 | 0.63-3.35 | 22.22 | | 0.91 | 0.57-1.45 |
| Gender or sexual orientation-based discrimination | | 0.294ª | | | | 0.233ª | | |
| No | 25.00 | | - | - | 25.00 | | - | - |
| Yes | 34.15 | | 1.56 | 0.68-3.56 | 20.00 | | 0.75 | 0.47-1.20 |
| Use of any illicit drug, last three months | | 0.934ª | | | | 0.914ª | | |
| No | 28.99 | | - | - | 24.24 | | - | - |
| Yes | 28.30 | | 0.97 | 0.44-2.14 | 24.66 | | 1.02 | 0.68–1.55 |
| Alcohol consumption, last three months | | 0.517ª | | | | 0.666ª | | |
| Never | 31.25 | | - | - | 22.00 | | - | - |
| At least once | 28.57 | | 0.88 | 0.28-2.75 | 24.77 | | 1.17 | 0.58-2.36 |
| Physical assault | | 0.418ª | | | | 0.372ª | | |
| No | 29.20 | | - | - | 24.68 | | - | - |
| Yes | 20.00 | | 0.61 | 0.12-3.01 | 16.67 | | 0.61 | 0.20-1.82 |
| Forced sex, ever | | 0.413ª | | | | 0.140ª | | |
| No | 31.03 | | - | - | 26.35 | | - | - |
| Yes | 23.53 | | 0.68 | 0.27-1.70 | 19.85 | | 0.69 | 0.42-1.13 |

MSM: men who have sex with men; TGW: transgender women; NGO: non-governmental organization; STI: sexually transmitted infection.

^a Pearson's chi-squared test.

^b Fisher's exact test.

DISCUSSION

According to the WHO, MSM and TGW configure key populations for HIV prevention and are disproportionally affected by viral hepatitis and STIs. Thus, the literature has increasingly recognized the importance of addressing all three infectious disease areas in an integrated, community-led, and person-centered manner²². Accordingly, this study assessed the prevalence of viral hepatitis among AMSM and ATGW in Brazil.

The incidence rate of hepatitis A in Brazil has shown a downward trend, from 3.9 to 0.2 cases per 100,000 from 2011 to 2021, a decrease of 95.6%²³. Unfortunately, few studies have evaluated the prevalence of hepatitis A among MSM and TGW in Brazil, especially in youths. A previous study conducted in these populations (aged 18-70 years) in Campo Grande, in the state of Mato Grosso do Sul, Brazil, from November 2011 to September 2013 reported that 40.0% of MSM and 79.2% of TGW (< 20 years) had undergone previous HAV exposure and that one participant was positive for anti-HAV IgM²⁴. Another study conducted from 2018 to 2019 among TGW (with a median age of 25 years) living in three municipalities in Goiás, in Midwest Brazil, showed that 64.03% of participants aged < 21 years had been exposed to HAV²⁵. Thus, the data on previous exposure to HAV or vaccination (17.7%) in our study is smaller than in other studies conducted in Brazil; whereas its data on acute infection (0.4%) agrees with the literature.

However, it is important to note that the number of participants aged 15-19 years in the aforementioned studies^{24, 25} is smaller than in this study. Although less likely, the different health policies (e.g., hepatitis A vaccination policies for MSM) from where the studies were conducted may lead to differences in prevalence rates. The Brazilian National Immunization Plan has included Hepatitis A vaccination for children aged 15-24 months since 2014; expanding its coverage to children aged \leq 5 years in 2017^{9,10}. From August 2014 to December 2018, vaccination coverage against hepatitis A in children ranged from 60.13% to 97.07% in Brazil. Although the years following 2015 witnessed a drop in coverage, the incidence of hepatitis A in all age groups decreased, which may be related to herd immunity²⁶. Vaccination against hepatitis A has been recommended for populations whose sexual practices involve oral-anal contact, especially among those who seek the Centers for Testing and Counseling and the Services that offer PEP, PrEP, or other treatments aimed at controlling STIs in São Paulo, Brazil¹¹.

Moreover, a previous study with the general population of three Brazilian regions showed that hepatitis A prevalence varied according to region and age (individuals aged 5-9 and 10-19 years). Overall, prevalence rates ranged from 30.8% to 58.3% in individuals aged 5-19 years²⁷. According to the WHO classification, the levels of endemicity were divided based on seroprevalence rates: intermediate level \geq 50% by age 15 years and < 90% by age 10 years and low level \geq 50% by age 30 years and < 50% by age 15 years²⁸.

This study found that 25.7% of participants were non-reactive for anti-HBc and reactive for anti-HBs (vaccination marker), 2.8% were reactive for total anti-HBc (marker of previous exposure to the virus), and none were actively infected (HBsAg reactive). These data corroborate other studies with MSM and TGW populations. A study conducted in Campinas, Brazil, among MSM, from 2005 to 2006, reported that around 32% displayed a serological profile compatible with a vaccine response (anti-HBs alone)²⁰. A study conducted with TGW in three cities in Goiás, in Midwest Brazil, from 2018 to 2019 reported a prevalence of 41.5% for the vaccine marker for hepatitis B and that 12.3% of the TGW were exposed to HBV²⁵, a high prevalence when compared with the data in this study. Another study with MSM, conducted from March to November 2014 in Goiânia, Goiás, showed that 40.3% of participants were vaccinated for hepatitis B²⁹. The percentage of the population in this study that was reactive for anti-HBs is only below the vaccination coverage of the general population in Brazil: 66.03% from 2019 to 2021³⁰. It is important to mention that vaccine-induced anti-HBs levels may decline over time³¹. Thus, the data in this study may be underestimated. This researched failed to verify the vaccination records of its participants.

Unprotected sex, drug use, and sex work may also configure a risk factor for acquiring HCV, which is currently considered an STI, especially related to anal sex¹³. Injectable drug use is also a significant risk factor for HCV infection, of which this study reported a low frequency (0.7%). The prevalence of hepatitis C (0.2%) agrees with other studies conducted among MSM and TGW in Brazil^{20,25} and other countries¹⁴. Diagnosing hepatitis C remains a challenge³². Thus, monitoring the markers of infection in at-risk populations, such as MSM and TGW, is of the utmost importance, including the use of techniques to detect viral RNA and monitor reinfections in those with positive serology.

Other STIs have been assessed and showed relatively high prevalence rates among the AMSM and ATGW population from the PrEP1519 study^{33,34}. This study has some limitations. Anti-HBs data as a marker for vaccination may be underestimated (as previously discussed). The data on the prevalence of viral hepatitis markers, combined with a small sample size, may have made it difficult to perform a robust analysis of the associated factors. We also highlight the convenience sampling of this study as participants are linked to a PrEP cohort study and are generally more exposed to sexual intercourse. Regarding the

statistical analysis, the impact of sample size remained the same as that of the PrEP study²¹ in this study evaluating viral hepatitis. Its average post-hoc power remained below 50% to estimate associations. Thus, we are unable to rule out the possibility of a type II error. Moreover, the number of testing centers varied depending on the municipality of the study and the number of participants who agreed to be tested for the immunological markers for viral hepatitis, which made it difficult to obtain the accurate data.

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Funding: This project was made possible thanks to Unitaid's funding and support (Grant Number 2017–15-FIOTECPrEP). Unitaid accelerates access to innovative health products and lays the foundations for their scale-up by countries and partners. Unitaid is a hosted partnership of World Health Organization. PrEP1519 Study is also funded by the Brazilian Ministry of Health, through the Department of Chronic Diseases and Sexually Transmitted Infections, Bahia State Department of Health, São Paulo State and City Department of Health, and City of São Paulo AIDS Program, by donating PrEP medications, condoms, and rapid tests and providing the necessary infrastructure for the study development.

Authors' Contribution: FWML, LM, CCS, BOL and ID contributed to the design of the experiments and the interpretation of the data. BOL and DM performed the data collection and laboratorial analysis. CCS, BOL, FWML, LM, ID, AG, and MW contributed to drafting the article and revising it critically for important intellectual content. All authors approved the final version to be submitted.

Acknowledgments: The authors would like to express their gratitude to the adolescent MSM and TGW for participating in this study; to their parents and guardians for signing the consent forms when necessary; to the local team that carried out the fieldwork; to the Brazilian Unified Health System (SUS) for donating PrEP medications, condoms, rapid tests, and providing additional care services for PrEP1519 participants via the Brazilian Ministry of Health; to the Bahia State Health Department, and to Oswaldo Cruz Foundation (Fiorruz) and Fiocruz Support Foundation (FIOTEC) for supporting this study; to Bahia State and Salvador City Health Departments and the Diversity Center of the Bahia State Justice and Human Rights Department; to São Paulo State and City Department of Health, and City of São Paulo AIDS Program.

Availability of data and materials: The datasets used and/or analyzed in this study are available from the corresponding author upon reasonable request.

Conflict of Interest: All authors declare no conflicts of interest.