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Measuring evolution of income-related inequalities in health and health care utilization in selected Latin American and Caribbean countries

Gisele Almeida¹ and Flavia Mori Sarti²

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ABSTRACT

Objective. To describe the methodology used to measure and explain income-related inequalities in health and health care utilization over time in selected Latin American and Caribbean countries.

Methods. Data from nationally representative household surveys in Brazil, Chile, Colombia, Jamaica, Mexico, and Peru were used to analyze income-related inequalities in health status and health care utilization. Health was measured by self-reported health status, physical limitations, and chronic illness when available. Hospitalization, physician, dentist, preventive, curative, and preventive visits were proxies for health care utilization. Household income was a proxy for socioeconomic status except in Peru, which used household expenditures. Concentration indices were calculated before and after standardization for all dependent variables. Standardized concentration indices are also referred to as horizontal inequity index. Decomposition analysis was used to identify the main determinants of inequality in health care utilization.

Results. Results of analysis of the evolution of income-related inequality in health and health care utilization in Brazil, Chile, Colombia, Jamaica, Mexico, and Peru are presented in separate articles in this issue.

Conclusions. The methodology used for analysis of equity in all six country research studies attempts not to determine causality but to describe and explain income-related inequalities in health status and health care utilization over time. While this methodology is robust, it is not free of errors. When possible, errors have been identified and corrected.

Key words

Equity in access; equity in health; health systems; health policy; Latin America; Caribbean region.

Despite many challenges, a large number of countries in Latin America and the Caribbean (LAC) have implemented equity policies and programs aimed at improving the health status of and access

to health care for their most vulnerable population during past decades. While the region has seen remarkable progress in average health over the same period, there was no clear evidence whether the levels of inequity in health and health care that have plagued the region for so long have improved (1).

Since equity in health, utilization, and access to health care remains a common concern in the health agenda of most

countries in this region (2), it is important to evidence its evolution and to understand which countries and related public policies were successful in reducing inequities. The significant increase in the availability of data from household surveys in LAC in recent years has contributed greatly to the analysis of equity and the increased evidence on equity in health systems in the literature. These surveys are available for download for

¹ Pan American Health Organization, Washington, D.C., United States of America. Send correspondence to: Gisele Almeida, almeidag@paho.org

² Modelagem de Sistemas Complexos, Escola de Artes, Ciências e Humanidades, Universidade de São Paulo, São Paulo, Brazil.

free or for a modest fee and are a rich source of health, demographic, and socioeconomic data for the studies in this issue.

As the leading international public health organization in the Americas, the Pan American Health Organization promotes equity in access to timely and quality health goods and services among countries as the foundation of an equitable health system, and its evaluation and monitoring are regarded as key public health functions (3). Under the second wave of the EquiLAC project, which calls for systematic assessment of trends in health system equity in selected LAC countries, the Pan American Health Organization conducted an initial set of studies in six countries: Brazil, Chile, Colombia, Jamaica, Mexico, and Peru. The main objective of these studies, published in this issue, is to measure and explain income-related inequalities in health status and health care utilization over time. This paper describes the methodology shared by these research studies.

METHODOLOGY

Research study design

All six country research studies published as part of this issue present descriptive research using trend study design, which examined changes over time with repeated cross-sectional databases of nationally representative household surveys (4). This type of study identifies changes over time in the popula-

tion with new probability samples from that population for each year studied. It uses the same set of questions on health status, health care utilization, and demographic and socioeconomic characteristics, which are investigated at two or more points in time (5). For assessment of the direction of equity over time, each study used databases from at least two years: the latest available and three to six years before the latest data. Brazil and Chile examined these questions for three years, while Colombia, Jamaica, Mexico, and Peru used two years. Survey types included multipurpose household surveys with health questions (Chile), specialized health surveys (Mexico), specialized health modules in demographic surveys (Brazil and Peru), and quality-of-life health surveys (Jamaica and Colombia), as described in Table 1 (6–12).

Data sources and samples

The major source of data for the studies was large household surveys (Table 1), which are usually rich in data related to socioeconomic status and demographics. These surveys also provide data on health status, health care utilization, and others that can be used to explain variations in equity.

Given the heterogeneity of the surveys across countries in Latin America, in terms of type, frequency, and data collection, comparability among countries becomes challenging. To overcome this challenge and ensure better comparability, careful revision and selection of variables across surveys were performed.

Table 2 describes the variables selected for the studies. The unit of analysis for all studies was the individual. Because of variation in the availability of data across countries, only individuals 18 years of age or older were included.

Measurement of health status was based on questions related to self-assessed health status (Chile, Colombia, Jamaica, and Mexico), self-reported chronic condition (Brazil, Colombia, Mexico, and Peru), and self-reported physical limitations (Brazil, Chile, and Mexico). Health care utilization measures included probability (at least one health care visit) and intensity of use (total number of visits or inpatient days) of services reported. Survey questions included visits to physicians (Brazil and Chile), general practitioners (Chile, Jamaica), specialists (Chile and Colombia), and dentists (Brazil, Chile, Colombia, Mexico, and Peru). Also included were measures of utilization of preventive and curative care (Colombia, Jamaica, Mexico, and Peru). Curative visits are defined here as those that originated due to a health problem, illness, or accident. Preventive visits are those with the sole purpose of disease prevention or health promotion.

A living standard variable was used to rank individuals in order to identify whether there is systematic variation in health or in the use of health care services across income groups. To achieve consistency in results, studies in all countries except Peru used household income as the ranking variable, measured as a continuous variable for aggregate per capita income of the household. The Peru study used household expenditures. The Mexican study benefited from availability of data and calculated income-related inequalities using household expenditures (value of goods and services purchased) and household wealth (a measure of household assets) as ranking variables in addition to household income.

Because income measures are known to overestimate the income of families with small children, since the needs of children and adults are equalized, an adult equivalence scale was used to adjust income variables. The Deaton approach (13) was used to calculate the equivalent scale in these studies, with the following equation:

$$e_h = (A_h + \Phi K_h)^\theta$$

where

TABLE 1. Household surveys used to analyze income-related inequality in health and health services in selected Latin American countries

Country	Reference	Database	Year	Survey sample	
				Households	Individuals
Brazil	6	Pesquisa Nacional de Amostra em Domicílio	1998	90 913	344 975
		Pesquisa Nacional de Amostra em Domicílio	2003	107 846	384 834
		Pesquisa Nacional de Amostra em Domicílio	2008	118 138	391 868
Chile	7	Encuesta de Caracterización Socioeconómica Nacional	2000	65 036	252 748
		Encuesta de Caracterización Socioeconómica Nacional	2003	68 153	257 077
		Encuesta de Caracterización Socioeconómica Nacional	2009	71 460	246 924
Colombia	8	Encuesta de Calidad de Vida	2003	22 949	85 150
		Encuesta de Calidad de Vida	2008	13 611	50 545
Jamaica	9	Jamaica Survey of Living Conditions	2004	1 981	6 683
		Jamaica Survey of Living Conditions	2007	1 994	6 613
Mexico	10	Encuesta Nacional de Salud	2000	45 827	187 786
		Encuesta Nacional de Salud y Nutrición	2006	47 152	205 877
Peru	12	Encuesta Nacional de Hogares	2004	20 866	91 861
		Encuesta Nacional de Hogares	2008	22 640	94 547

TABLE 2. Variables used to analyze income-related inequality in health and health services in selected Latin American countries

Type of variable	Variable	Type	Country surveys
Health status	Self-assessed health	Categorical: 1 = less than good health (regular/fair, poor, very poor); 0 = otherwise (very good, good)	Brazil, Chile, Colombia, Jamaica, Mexico
	Physical limitations or difficulty	Categorical: 1 = any physical limitation reported; 0 = no physical limitation	Brazil, Chile, Mexico
	Chronic conditions ^a	Categorical: 1 = any self-reported chronic condition; 0 = no chronic condition	Brazil, Chile, Colombia, Mexico, Peru
	Illness due to health problem or accident	Categorical: 1 = any reported illness or accident in past 3 months; 0 = no illness or accident reported	Jamaica, Peru
	Days of impairment due to health problem	Numeric count: total number of days impaired due to health problem or condition in past 4 weeks	Colombia
	Duration of illness	Numeric count: total number of days ill	Jamaica
Health care utilization	Any physician visit	Categorical: 1 = any visit to a physician for any reason (health problem, prevention) during past 12 months; 0 = no physician visits	Brazil, Chile
	Total number of physician visits	Numeric count: total number of visits to physician for any condition, curative, preventive, or therapeutic services during past 12 months	Brazil, Chile
	Any curative visit ^b	Categorical: 1 = any visit to health care facility or professional due to illness or accident in past 4 weeks; 0 = no curative visits	Colombia, Jamaica, Mexico, Peru
	Total number of curative visits ^b	Numeric count: total number of visits to health care facility/professional due to an illness or accident in past 4 weeks	Jamaica
	Any preventive visit ^c	Categorical: 1 = any health care visit with purpose of disease prevention and/or health promotion in past 12 months; 0 = no preventive visits	Colombia, Mexico, Peru
	Any general practitioner (GP) visit	Categorical: 1 = any visit to GP for any given purpose; 0 = no GP visits	Chile
	Total number of GP visits	Numeric count: total number of visits to GP for any given purpose	Chile
	Any specialist visit	Categorical: 1 = any health care visit to specialized doctor or health care provider; 0 = no specialist visit	Chile, Colombia
	Total number of specialist visits	Numeric count: total number of visits to specialized doctor or health care provider	Chile
	Any hospitalization	Categorical: 1 = any hospitalization in past 12 months; 0 = no hospitalization	Brazil, Chile, Colombia, Mexico, Peru
	Total number of inpatient days	Numeric count: total number of days hospitalized in past 12 months	Brazil, Chile, Mexico
	Any dentist visit ^d	Categorical: 1 = any visit to dentist in past 12 months; 0 = no dentist visit	Brazil, Chile, Mexico, Peru
	Total number of dentist visits ^d	Numeric count: total number of visits to dentist in past 12 months	Chile
	Any preventive dentist visit	Categorical: 1 = any visit to dentist for prevention purposes in past 12 months; 0 = no preventive dentist visit	Colombia
	Any emergency room visit	Categorical: 1 = any visit to emergency room in past 12 months; 0 = no emergency room visit	Chile
	Total number of emergency room visits	Numeric count: total number of emergency room visits in past 12 months	Chile
Living standard	Household income	Continuous: household income per equivalent adult (monthly income)	Brazil, Chile, Colombia, Jamaica, Mexico
	Household expenditures	Continuous: household expenditure per equivalent adult (monthly expenditure)	Mexico, Peru
Other explanatory variables	Household wealth	Continuous: household wealth index (based on 15 household assets)	Mexico
	Age and sex	Categorical: 10 categories for males and females in age groups 18–34, 35–44, 45–64, 65–74, and 75 years or older	Brazil, Chile, Colombia, Jamaica, Mexico, Peru
	Race/ethnicity	Categorical: race/ethnic groups specific to country	Brazil, Chile, Mexico
	Family type	Categorical: couple without children, couple with children, single-parent home, and other family types	Brazil, Jamaica
	Household size	Number of members living in same household	Brazil, Jamaica, Mexico, Peru
	Marital status	Categorical: married, separated/divorced, widowed, single, other	Chile, Colombia, Mexico
	Education attainment	Categorical: primary, secondary, post-secondary	Brazil, Chile, Colombia, Jamaica, Mexico, Peru
	Geographic region	Categorical: geographic region specific to the country or its departments, states, or provinces	Brazil, Chile, Colombia, Mexico, Peru
	Area of residence	Categorical: rural, urban	Brazil, Chile, Colombia, Mexico
	Economic activity	Categorical: employed, unemployed, inactive, student, housework, retired	Brazil, Chile, Colombia, Jamaica, Mexico, Peru
	Health insurance	Categorical: yes if insured (in some cases specifying type of insurance); no if not insured	Brazil, Chile, Colombia, Jamaica, Mexico, Peru
Gender of head of household	Categorical: male, female	Mexico	
Occupation type	Categorical: private company or government employee, day laborer, domestic employee, independent, employer, unpaid worker, or helper	Colombia	
Sector of employment	Categorical: formal, informal	Colombia	

^a Questions from 2003 and 2008 Pesquisa Nacional por Amostra de Domicílios in Brazil and 2006 Encuesta Nacional de Salud y Nutrición in Mexico required medical diagnosis of a chronic condition.

^b Curative visit recall period for Mexico is two weeks.

^c Preventive visit recall period for Peru is three months.

^d Dentist visit recall period for Peru is four weeks; in Mexico it is two weeks and conditional on having had a health problem.

e_h = equivalence factor for household h ,
 A_h = number of adults in household h ,
 K_h = number of children, and
 Φ and $\theta = 0.75$.

Explanatory variables included need and non-need variables. Self-assessed health, physical limitations, and chronic conditions are usually associated with need and were used as a proxy for health care need. Non-need variables included economic activity, education attainment, health insurance, rural or urban residence, geographic region, and ethnicity or race, among others described in Table 2. Non-need variables are not associated with the need to use health care services but should be included to reduce the potential threat from omitted variable bias. Including these variables also allows for analysis of the contribution of these factors to any observed inequity. This process is similar to that of assessing the role of intermediary factors and confounders in the analysis of an association (14).

Analysis and explanation of horizontal inequity

The methodology described here expands and complements the estimation techniques used previously to measure equity in Brazil, Ecuador, Jamaica, and Mexico (15) and it is similar to the methods used by van Doorslaer et al. (16) and described by O'Donnell et al. (17). Health inequality was calculated by first standardizing the health status variable by age and sex. The standardized distribution of the health variable was estimated by calculating the difference between actual and standardized (expected) health.

The horizontal inequity methodology calls for comparing the actual and the need-expected distribution to assess inequities in health care use. Income-related distribution of actual health care utilization reveals inequality in use, while need-standardized health care utilization reveals inequity in use (16). In the case of health care utilization, the utilization variable was standardized for health care need in addition to age and sex. Usually, health care need is proxied by self-assessed health status, chronic conditions, and physical limitations when available. The indirect standardization method is preferred over the direct standardization method, given its greater accuracy when dealing with

individual-level data. Indirect standardization for health status and health care utilization is calculated as follows:

$$\hat{y}_i^{IS} = y_i - \hat{y}_i^X + y^m$$

where

\hat{y}_i^{IS} = standardized health status or health care utilization,
 y_i = actual health status or health care utilization,
 \hat{y}_i^X = expected health status or health care utilization, and
 y^m = sample mean.

In the case of health care utilization, the need-expected utilization is computed in two steps. Actual health care utilization is calculated by running a linear ordinary least-squares regression, which regresses health care utilization (y_i) on the logarithm of income ($\ln inc_i$), a vector of need variables (χ_k), and a vector of non-need variables (Z_p) as follows:

$$y_i = \alpha + \beta \ln inc_i + \sum_k \gamma_k \chi_{k,i} + \sum_p \delta_p Z_{p,i} + \varepsilon_i$$

where

α , β , γ_k , and δ_p = parameters, and
 ε_i = error term.

By combining the coefficients from the estimation above with the actual values of the need variables (χ_k) selected for standardization, the sample mean values of the logarithm of income ($\ln inc_i$), and the sample mean values of the non-need variables (Z_p) selected to be controlled for, the need-expected health care utilization is obtained as follows:

$$\hat{y}_i^X = \hat{\alpha} + \hat{\beta} \ln inc^m + \sum_k \hat{\gamma}_k \chi_{k,i} + \sum_p \hat{\delta}_p Z_p^m$$

where

$\hat{\alpha}$, $\hat{\beta}$, $\hat{\gamma}_k$, and $\hat{\delta}_p$ = parameters, and
 m = mean value.

Since health care utilization values, such as physician visits and number of inpatient days, are binary or non-negative integer counts and non-normally distributed dependent variables with data presenting a very skewed distribution in the latter case (due to a large number of zero observations), nonlinear models are more appropriate than linear models for the indirect standardization process. Nevertheless, while estimations generated by linear models may be less

robust and precise than those generated by nonlinear models, evidence in the literature indicates that the results are similar (16, 17).

In addition, linear models offer advantages over nonlinear methods for calculating horizontal inequity measures; for example, control variables included in the regression can be entirely neutralized when generating the need predictions by setting them equal to their mean values, which improves the accuracy of the measurement, and contributions to any observed inequity can be assessed, which allows for separation of the contribution of each of the variables included in the model and assessment of their impact on utilization. The latter feature is very useful in decomposition, which allows for identifying factors that contribute to inequity (17).

The indices and distributions obtained with linear and nonlinear models were compared to confirm that the selection of a linear model would not affect the results. Given the advantages of using the linear model and the similarity of results with nonlinear models for all countries, preference was given to presentation of the results of the linear models.

Concentration indices were used to measure inequality and inequity. Inequality was measured with concentration indices of the unstandardized distribution (CI) of the dependent variable. Inequity was measured with concentration indices of the standardized distribution of the dependent variable, also known as the horizontal inequity index (HI). Therefore, the HI is a summary measure of the magnitude of inequity in the dependent variable, taking into consideration demographic factors such as age and sex or morbidity characteristics that are known to influence health status and utilization patterns across income groups.

HI is equivalent to the CI of the need-standardized dependent variable, which is the difference between the concentration index of actual distribution and the need-expected distribution (17). The average relationship between need and the dependent variable is used as the norm to assess horizontal inequity. Systematic deviations from the established norm were calculated for health status and health care utilization variables for at least two years in each country.

The CI can also be calculated by using a simple convenience covariance formula for weighted data, which is the

covariance between the dependent variable and the rank in income distribution scaled by 2 and divided by the mean of the dependent variable (17), as follows:

$$CI = \frac{2}{\mu} \text{cov}_w(y_i, R_i)$$

where

μ = weighted sample mean of y ,
 cov_w = weighted covariance, and
 R_i = relative fractional rank of i th individual.

The relative fractional rank indicates the weighted cumulative proportion of the population up to the midpoint of each individual weight and is calculated as follows:

$$R_i = \frac{1}{n} \sum_{j=1}^{i-1} w_j + \frac{1}{2} w_i$$

where

n = sample size, and
 w = sampling weight.

HI values are calculated from samples, requiring the calculation of standard errors to test their statistical significance. Since these studies considered samples from different years, the t -statistics test was performed to calculate the statistical significance of the difference between the HI for each survey year.

Two important characteristics of the CI and its standardized version (HI) that should be noted are its aversion to inequality and its concentration curves. The CI includes an implicit parameter that indicates the level of society's aversion to inequality, which places an added weight on the health of the most disadvantaged individuals. This parameter, which can be adjusted, weights the health of the most disadvantaged individuals by a factor of 2 and declines as socioeconomic rank increases (18).

The concentration curve displays the cumulative share of the dependent variable and the cumulative population ranked by socioeconomic position, such as income, expenditure, wealth, or any other variable that can be rank-ordered. Figure 1 shows a concentration curve for specialized health care visits, where socioeconomic position (horizontal axis) is represented by income, from the poorest (left) to the richest (right). The vertical axis shows the distribution of specialized health care visits. The diagonal line

(red line) represents equality, a situation in which specialized health care visits are equally distributed among each income group. The concentration curve (blue) shows that the poorest 20% of the population (horizontal axis) accounts for only about 5% of specialized health care visits (vertical axis), while the richest 20% of the population accounts for about 60%. This concentration curve shows a clear pro-rich distribution.

In addition to offering a graphic representation of CI/HI, the concentration curve also offers information that is not available with CI/HI alone. When CI/HI is zero, as explained below, it is usually interpreted as no inequity found, but it may also be the result of the distributions of the dependent variable and income. If the concentration curve crosses the line and the areas above and below the line are identical, the resulting index will be zero but the curves will clearly indicate the presence of inequality. But if the concentration index is zero and the curve is equal to the equality line, the distribution is equitable. Because it is important to distinguish both situations, CI/HI should be analyzed in combination with the concentration curve (17).

Concentration curves, concentration indices, and quintile distributions were presented for each study and dependent variable, since these results have distinct characteristics and may target different actions. Concentration curves are generated to identify income-related inequalities in the variable of interest, while concentration indices are computed to measure the magnitude of the inequality.

If systematic differences related to income are observed between the actual and the standardized dependent vari-

able, horizontal inequity is detected. If the standardized concentration index is zero, the interpretation is that there is horizontal equity. A positive index indicates pro-rich inequity, while a negative index indicates pro-poor inequity.

Decomposition analysis is used to show the contribution of each variable in the analysis to the total inequality in a health care variable. According to O'Donnell et al. (17), if the health care utilization variable is specified as a linear function, then its concentration index can be decomposed into each determinant's contribution, allowing for explanation of horizontal inequity in health care utilization. It is noteworthy that linear models generate the same concentration/horizontal index when calculated with the two-step approach or through decomposition. But when a nonlinear model is used, the indices produced by these two approaches are not the same because of introduction of the linear approximation error (17).

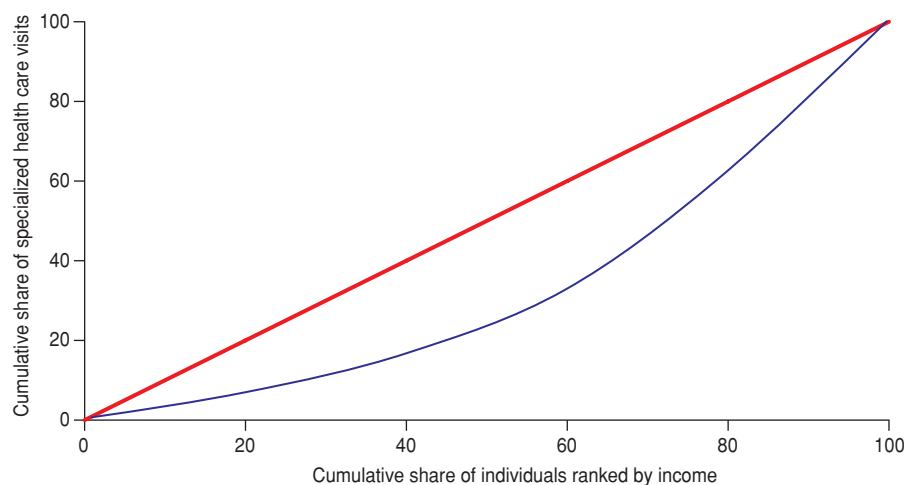
The decomposition of the concentration index is calculated as the product of the health care variable elasticity with respect to each determinant and its concentration index, as follows:

$$C = \sum_k \left(\frac{\beta_k \bar{x}_k}{\mu} \right) C_k + \frac{GC_\varepsilon}{\mu}$$

where

μ = weighted sample mean of y ,
 β_k = regression coefficient of determinant k ,
 \bar{x}_k = mean of x_k ,
 C_k = concentration index for x_k , and
 GC_ε = generalized concentration index for the error term (ε).

FIGURE 1. Example of concentration curve of specialized health care visits



When sensitivity analysis of the concentration indices and distributions with linear and nonlinear models produce substantial differences, linear approximation can be used to estimate the partial effects with nonlinear methods for the decomposition process. As suggested in the literature, the decomposition is still possible with the linear approximation to the nonlinear model (16, 17). The previous formula still applies for the decomposition with linear approximation, if replacing β_k by β_k^m , for the partial effects of each determinant.

The decomposition process of the concentration index provides important information about the contribution of each variable to the degree of inequality in health care utilization, allowing for the identification of which variables are the greater contributors to inequality. In addition, the calculated elasticity provides information on the impact of each variable on health care use and the concentration index provides information on the variable's distribution across income.

RESULTS

The results of the analysis of income-related inequality in health and health care in Brazil, Chile, Colombia, Jamaica, Mexico, and Peru are presented in other articles in this issue (19–24).

DISCUSSION

While health insurance coverage and economic activity were key determinants of health care utilization and therefore should be included as non-need determinants in the regression model, potential problems of moral hazard effect, adverse selection, and endogeneity can arise with the inclusion of these variables in the analysis (25). Moral hazard and adverse selection are well-known opportunistic behaviors of insurance consumers. The former describes a higher utilization of health

services by insured individuals, while the latter refers to the fact that those expected to have more use of health services are more likely to buy health insurance.

Endogeneity can occur when an independent variable is correlated with the error term in a regression model, including when omitted variables that should be controlled for are not included in the model, usually because of unavailability of data, measurement error of one or more variables, or simultaneous determination of an explanatory variable and the dependent variable. An example of the latter occurs when health care utilization is partly determined by health insurance coverage or vice versa. Endogeneity is particularly relevant if a causal relationship is being investigated, in which case it should be explored with the use of a structural model capable of capturing a causal relationship. Alternatively, variables can be included in the initial model and endogeneity can be explored afterward (26).

The research studies that follow in this issue attempted not to draw causality but to effectively describe and explain income-related inequalities in health status and health care utilization over time with explanatory models. In other words, the research did not investigate whether income affects health or health care utilization but assessed whether distribution of the health status and health care utilization variables changes with distribution of income.

Potential methodologic issues may arise from the complexity of the surveys used. Data collected from complex surveys have different probabilities for the selection of sampling units, clusters, and strata. Therefore, the use of appropriate methods to analyze this type of data is essential for accurate calculation of estimates and to assess the precision of such estimates, which requires including information about the survey design and selection of a suitable method for calculating standard errors (27). In addition, the use of weights for data analysis serves to accurately repre-

sent the different probabilities in the sample and to avoid biases in the results, especially if they are to be generalized (28). To avoid these problems, the studies utilized Stata commands to describe the study design and weights when appropriate. All but one study used Stata for data analysis; Jamaica applied ADePT software, which uses Stata for computations (29).

An important limitation of these studies was the use of self-reported income information, which is known to be underreported, especially among the rich (30). Consequently, the level of inequality in the distribution of income is usually higher than the levels presented with data collected from household surveys. Therefore, the level of horizontal inequity presented by these studies is probably underestimated.

The concentration index presented here is not free of errors. Recent studies have been published showing that the use of a concentration index may be affected by the magnitude of inequality and ranking among countries when the variable under investigation is binary (31–33). Some of the problems discussed in the literature are approached in an upcoming article comparing the findings of these six research studies. These studies are presented in this issue, with the results of the measurement of income-related inequality in health status and health care utilization for Brazil, Chile, Colombia, Jamaica, Mexico, and Peru, using the methodology described in this article.

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RESUMEN

Medición de la evolución de las desigualdades en la salud y la utilización de la atención sanitaria relacionadas con los ingresos en países seleccionados de América Latina y el Caribe

Objetivo. Describir la metodología usada para medir y explicar la evolución de las desigualdades en la salud y la utilización de la atención sanitaria relacionadas con los ingresos en países seleccionados de América Latina y el Caribe.

Métodos. Se utilizaron datos de encuestas nacionales de hogares representativas de Brasil, Chile, Colombia, Jamaica, México y Perú. La salud se midió mediante autoinformes del estado de salud, las limitaciones físicas y las enfermedades crónicas. Las hospitalizaciones y las consultas médicas, odontológicas, preventivas y curativas se emplearon como medición indirecta de la utilización de la atención sanitaria, y los ingresos del hogar como medición indirecta para estimar la situación socioeconómica en todos los estudios, excepto en el de Perú, donde se utilizaron los gastos de los hogares. Los índices de concentración se calcularon para todas las variables dependientes antes y después de su estandarización; los índices estandarizados de concentración también se mencionan como índice horizontal de inequidad. Se empleó el análisis de descomposición para identificar los determinantes principales de la desigualdad en la utilización de la atención sanitaria.

Resultados. Los resultados de los análisis de los seis países estudiados se presentan en artículos separados de este número de la revista.

Conclusiones. La metodología empleada para el análisis de la equidad en los seis estudios de país no intenta determinar la causalidad, sino describir y explicar la evolución de las desigualdades en el estado de salud y la utilización de la atención sanitaria relacionadas con los ingresos. Si bien esta metodología es sólida, no está exenta de errores, que se identificaron y se corrigieron, cuando fue posible.

Palabras clave

Equidad en el acceso; equidad en salud; sistemas de salud; política de salud; América Latina; región del Caribe.

Material suplementario / Supplementary material / Material supplementar

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